



Beauty Bites Beast: The Missing Conversation about Ending Violence

Ellen Snortland

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BEAUTY BITES BEAST is not a "how-to" book, it is a "how-come" book.

As in, "how-come" every woman and girl needs to know how to defend themselves. They, like all females of other species in the world, are capable of defending themselves and their loved ones -- if they learn how. It is not the female's size, it is her culturally induced ignorance that makes her think she is helpless. **BEAUTY BITES BEAST** is a clarion call to "sleeping beauties," so they can wake up and take charge of their own self-defense -- emotional, verbal and physical. The book also celebrates women (and kids) who fought back and won. Funny and provocative, this is both an irreverent and deadly serious look at how family, religion, history, news, and entertainment keep women thinking they are defenseless. **BEAUTY BITES BEAST** transforms and saves lives. As in, "how-come" every woman and girl needs to know how to defend themselves. They, like all females of other species in the world, are capable of defending themselves and their loved ones -- if they learn how. It is not the female's size, it is her culturally induced ignorance that makes her think she is helpless. **BEAUTY BITES BEAST** is a clarion call to "sleeping beauties," so they can wake up and take charge of their own self-defense -- emotional, verbal and physical. The book also celebrates women (and kids) who fought back and won. Funny and provocative, this is both an irreverent and deadly serious look at how family, religion, history, news, and entertainment keep women thinking they are defenseless. **BEAUTY BITES BEAST** transforms and saves lives.

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