



# Frozen Assets Workshop

Deborah Taylor-Hough

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## **Frozen Assets Workshop**

Deborah Taylor-Hough

### Frozen Assets Workshop Deborah Taylor-Hough

Deborah Taylor-Hough walks listeners through the methodology behind her revolutionary cooking method that allows home chefs to cook just one day, yet prepare enough meals for 30 days. Listeners will learn inside tips, hints, preparation ideas and planning strategies.



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