



Sippin' Southern Sunshine: Spread the Sunshine & Pass it On

Susan Sewell

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Sippin' Southern Sunshine was written as a legacy to my children and blossomed. As you grow older, wisdom takes hold and you come to many realizations. Besides the wrinkles on your face and the grey hairs on your head, you discover that no matter how hard you work, you'll never have enough money. Family and friends give us a sense of wealth, great memories to pull from and experiences that shape our lives. Strength comes from failing and striving to succeed the next time around. Confidence comes from working hard and succeeding. Joined with a healthy dose of faith, anything is possible. **Sippin' Southern Sunshine** refers to enjoying each moment of your life, appreciating everyone and everything. This book is a glimpse into life in the South. It's about family traditions. It is where saying, "yes ma'am, please and thank you" are expected. It's a houseful at the holidays and a hand-written thank you note in the mail. This is a collection chock full of tidbits that your Mom may or may not have shared with you. It shows by having a sunny disposition, optimism radiates. This book reminds you that you control your own happiness and no one else dictates this, nor should the weather. It brings to our attention that we need to be proud of who we are and smile often. Never missing an opportunity to kiss our children and tell our spouse how HOT they are! Sunshine reminds us that confidence is sexy and it is all about how you carry yourself. Let your smile generate a pattern in others. Happiness is contagious!

Without fail, when you exude happiness your possibilities are endless. You're more approachable, more likable and life more rich. Make sure as you look in the mirror that joy and sunshine comes from within. You are beautiful. Love yourself.

This book is sure to bring you sunshine and joy wherever you call home. **Pass it on!**

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Ryan Fox:

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