



The Enzyme Factor

Hiromi Shinya MD

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In *The Enzyme Factor*, Dr. Hiromi Shinya presents his research, grounded in his 45 years of medical practice in the United States and Japan. This research supports the idea of a miracle enzyme out of which all the enzymes the body needs are produced. He suggests cancer and other diseases occur when this key enzyme is depleted and cannot properly do its job. In this book he clearly shows how what we eat affects that key. Dr. Shinya's science is clearly explained and easy to understand. The suggestions for diet and lifestyle based on this science are simple and easy to follow. Even those who think they know everything about how to eat right will be surprised when they discover what is really healthy.

This simple health regime has led hundreds of his patients, many suffering from cancer and other life-threatening diseases, to perfect health.

Inside *The Enzyme Factor* you will discover:

- * How to look younger and delay aging
- * How to live strengthen your body's natural defenses.
- * How to become a healthy 100 year old
- * Misconceptions with many dietary trends
- * What your intestinal traits can teach you about your health
- * Why drinking milk will cause osteoporosis
- * How your body will become oxidized if you eat oxidized foods
- * Why eating the meat of animals that have a higher body temperature than humans pollutes the blood
- * The inseparable relationship between the human body and the land
- * How love activates the immune system

This is a new, important and affordable approach to health care in America by the world's leading gastroenterologist, and inventor of colonoscopic surgery, who has spent his life in empirical research on the

subject of human digestion. If we follow Dr. Shinya's health prescription we will lose weight, be fit, save money and enjoy a long and healthy life.

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Norman Brown:

Exactly why? Because this The Enzyme Factor is an unordinary book that the inside of the guide waiting for you to snap the item but latter it will surprise you with the secret this inside. Reading this book beside it was fantastic author who have write the book in such remarkable way makes the content inside of easier to understand, entertaining approach but still convey the meaning thoroughly. So , it is good for you because of not hesitating having this nowadays or you going to regret it. This phenomenal book will give you a lot of advantages than the other book have such as help improving your proficiency and your critical thinking approach. So , still want to hesitate having that book? If I were being you I will go to the publication store hurriedly.

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