



Tips & Tricks For Boomer Chicks: A Survival Book For Retirement Years

Gail Mewes

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Tips & Tricks For Boomer Chicks is a cheeky survival book for women that offers good, sassy (and sometimes shameful) advice on how to get the most out of your retirement. Filled with the kind of advice you won't find anywhere else, it is accented with cartoons that add extra spice to good advice and explains how to not just survive the challenges that lie ahead, but thrive. All sorts of topics are covered, from how to get in shape emotionally and physically, to your personal relationship, your finances, even a "special situations" section that no one else talks about. A lighthearted look at how to approach your retirement years.

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