



An Introduction to Islamic Medicine

Hakim Salim M. Khan

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This is the first systematic study of Islamic Medicine by a practising Hakim to be published in the English language and is, with minor revisions, the second edition of the book, which was originally published in 1986. The discipline of Islamic Medicine is based on the four-element paradigm which offers a completely consistent cosmology, physics, physiology, psychology, and diagnostic and therapeutic science. Although it is startlingly unfamiliar to the modern Cartesian-Newtonian mind, it yields indisputable therapeutic results, often in areas where contemporary physicians must scratch their heads and submit to their limitations. The name for this discipline is Hikmah or Wisdom, in that it is devoted more to the wisdom needed to live in the best condition of health physically and spiritually, rather than merely dealing with the ill effects of our contemporary lifestyle as modern medicine must do. This work benefits both from Hakim Salim's deep educational background and his wide clinical experience.

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