



## Tazkiyah: The Islamic Path of Self-Development

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Self-development, *tazkiyah*, is an authentic Islamic practice. Yet self-development is rarely written about despite its centrality to Islamic life. This anthology is a practical manual in English to assist those who want to achieve self-development by purifying their souls and actions. It covers practical topics, including: management skills, daily routine, intention and commitment, communication skills, as well as delving into spiritual areas of interest, such as: man's relationship with Allah, constant striving and the Islamic worldview.

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