

The Edgar Cayce Primer: Discovering the Path to Self Transformation

Herbert Puryear



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The Edgar Cayce Primer: Discovering the Path to Self Transformation Herbert Puryear The Edgar Cayce story is one of the most compelling in inspirational literature. Over the course of forty years the Sleeping Prophet time and again closed his eyes, entered an altered state of consciousness, and spoke to the very heat and spirit of mankind on subjects such as health, healing, dreams, meditation, sexuality, and reincarnation. His more than 14,000 readings are preserved at the Association for Research and Enlightenment. And now, with the guidance of Edgar Cayce, we can learn how to mine our psychic strengths for happier and healthier lives. Here are the readings of *The Sleeping Prophet*, condensed and simplified--the wisdom to help us make the right decisions affecting all facets of our lives. Cayce speaks out on: The sources of psychic development, reincarnation, Karma and grace, dreams, meditation, prayer, personal health (including diet and exercises,) holistic healing, sexuality, spirituality, rejuvenation, religion, spiritual psychology, and much more. Cayce offers us the keys to insight, enlightenment, and total fulfillment.

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