



Kumite To MMA: America's underground history of the origins of mixed martial arts

Dr. Joshua Westmiller

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In this no-holds barred,tell-all account, Headmaster and Martial Arts Hall of Famer, Dr. WestMillertells of his days as the first American to be invited to compete in the eliteand underground Kumite. He first began fighting at Master Hidetaka Nishiyama's suggestion in 1962, and retired in 1964 with an astounding record of 27 winsand zero losses. Ten years later, Frank Dux would establish his Martial Artsname by fighting in this same no-holds barred Kumite world. As Frank Duxrelated in an interview with *Martial ArtsIllustrated*, the early days of MMA in the US were filled with real, full-contact,no-holds-barred fighters who didn't hide behind styles, but were willing tofight anyone, anywhere. Because of the underground nature of such competitions,few were filmed and many fighters competed under pseudonyms, like "a fighterknown only by his handle 'Cherokee' whose real identity is Joshua WestMiller,Hidetaka Nishiyama's student."

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