

# Learning to Plan and Be Organized: Executive Function Skills for Kids With AD/HD (Enhancing Executive Function Skills in Kids with AD/HD)

Kathleen G. Nadeau PhD

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Featuring real-life advice, strategies, and tips, Learning to Plan and Be Organized is a practical guide that teaches kids with AD/HD how to enhance their executive function skills of planning and organization. This reader-friendly and easy-to-use book includes checklists, pointers, and activities. The book also includes illustrations that will help hold children's interest. Includes additional resources for parents.



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