



Deliciously Organic

Carrie Vitt

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Now every meal and course you serve can be deliciously organic. Each recipe features only organic, unprocessed and whole ingredients that everyone will love (including kids) and for all occasions (even for hard-to-please special guests). Here's a sampling.

Breakfast/Brunch: Lemon Sour Cream Pancakes with Blueberry Puree; Strawberry Coconut Smoothie; Tomato Basil Quiche

Salads: Carrie's award-winning Roasted Red Onion and Pear Salad; Thai Steak Salad; Cherry Tomato Caper Salad **Sides:** Spinach Madeline; Mexican Rice Casserole; Grilled Potatoes with Lemon Aioli

Entrees: Tuscan Lemon Chicken; Tuna Steaks with Avocado and Tomato Salsa; Cottage Pie (old favorite); Beef and Broccoli Stir-Fry

Desserts (when you want to splurge in moderation!): Chocolate Chip Cookies (whole wheat and best ever!); Strawberry and Cream Tart; Creamy Lemon Ice Cream

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From reader reviews:

Joshua West:

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