



Adult Coloring Journal: Survivors of Incest Anonymous (Floral Illustrations, Abstract Trees)

Courtney Wegner

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Clinical Therapist, Courtney Wegner has carefully selected the illustrations and 12 Steps prompts in this interactive adult coloring journal for their meditative power to enhance the recovery of anyone engaged in a 12 Step program and to aid in their journey of self-discovery and an addiction free path to happiness. The 12 Step prompts contained here are an excellent tool and aid for anyone taking the 12 Steps. Features include:

- 80 lightly-lined writing pages provide plenty room to capture your thoughts
- 40 expression pages for jotting down personal reflections, quotes, poems or sketches
- 40 professionally illustrated adult coloring images of varying difficulty
- High quality 70# paper

Each topic is available in different coloring image themes and a wide array of beautiful covers.

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From reader reviews:

James Goldman:

The experience that you get from Adult Coloring Journal: Survivors of Incest Anonymous (Floral Illustrations, Abstract Trees) is the more deep you digging the information that hide into the words the more you get enthusiastic about reading it. It doesn't mean that this book is hard to comprehend but Adult Coloring Journal: Survivors of Incest Anonymous (Floral Illustrations, Abstract Trees) giving you thrill feeling of reading. The writer conveys their point in certain way that can be understood simply by anyone who read the item because the author of this publication is well-known enough. This specific book also makes your vocabulary increase well. Making it easy to understand then can go with you, both in printed or e-book style are available. We highly recommend you for having this specific Adult Coloring Journal: Survivors of Incest Anonymous (Floral Illustrations, Abstract Trees) instantly.

Catherine Hershey:

A lot of people always spent their own free time to vacation or maybe go to the outside with them family or their friend. Are you aware? Many a lot of people spent they will free time just watching TV, as well as playing video games all day long. If you want to try to find a new activity that's look different you can read any book. It is really fun in your case. If you enjoy the book which you read you can spent all day every day to reading a e-book. The book Adult Coloring Journal: Survivors of Incest Anonymous (Floral Illustrations, Abstract Trees) it doesn't matter what good to read. There are a lot of people who recommended this book. These people were enjoying reading this book. In the event you did not have enough space to develop this book you can buy typically the e-book. You can m0ore effortlessly to read this book from a smart phone. The price is not too expensive but this book has high quality.

Genia Vanderford:

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Jennifer Stephens:

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