



In Search of the Luminous Heart: From the Mountains of Naranjito, Puerto Rico to the Mountains of Crestone, Colorado

Victoria Rivera McKinley

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BOOK OF THE MONTH - June

Las Comadres and Friends National Latino Book Club

Beginning with her family's origins as tenant farmers in the mountains of Puerto Rico at the turn of the nineteenth century, Victoria Rivera McKinley leads readers through dramatic and painful events, which in spite of psychological explanations, add up to experiences that are much larger. Against a historical backdrop of Puerto Rico's changing culture, she shows how a family of ten children survive and learn to look out for one another. This is a success story, but not simply because the author leaves Puerto Rico and becomes a psychotherapist in America. Rivera McKinley offers an extraordinary perspective that finds truth in how each person lives experience in his or her own way. Her own journey ends in the Rocky Mountains, where Buddhist teachings offer her a spiritual and philosophical framework with which to understand her life. In Search of the Luminous Heart is a deep and unusual look at adversity and belies terms like "dysfunctional" for family. Here, generosity of spirit is the key to survival. The family endures by using intelligence, compassion, and accepting lives that have the real taste of tears, blood, songs, and prayers.

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