



## Side Effects

*Adam Phillips*

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Psychoanalysis works by attending to the patient's side effects, "what falls out of his pockets once he starts speaking." Undergoing psychoanalytic therapy is always a leap into the dark—like dedicating our hearts and intellect to a powerful work of literature, it's impossible to know beforehand its ultimate effect and consequences. One must remain open to where the "side effects" will lead.

Erudite, eloquent, and enthrallingly observant, Adam Phillips is one of the world's most respected psychoanalysts and a boldly original writer and thinker—and the ideal guide to exploring the provocative connections between psychoanalytic treatment and enduring, transformative literature. His fascinating and thoughtful *Side Effects* offers a valuable intellectual blueprint for the construction of a life beholden to no ideology other than the fulfillment of personal promise.

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