



La magia del orden (Spanish Edition)

Marie Kondo

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Transforma tu hogar en un espacio permanentemente claro y libre de desorden.

Y no olvides buscar su nuevo libro *La felicidad después del orden*, donde te explica gráficamente cómo aplicar su Método KonMari. Recupera y aprovecha mejor los espacios de tu casa. ¡Recupera tu vida!.

Marie Kondo te ayudará a poner en orden tu casa de una vez por todas con su método inspirador paso a paso. La clave es hacer frente a tu casa en el orden correcto, para mantener sólo las cosas esenciales y reflejar estos cambios en tu vida; te sentirás más seguro, exitoso y con energía para crear lo que sea. Después de eso por el resto de su vida sólo tendrás que elegir qué conservar y qué desechar.

El método de Marie Kondo no solo promete ordenarte el armario, va más allá, Marie quiere cambiarte la vida.

Algunos de los consejos del método KonMari:

- Ordena por categoría, no por localización.
- No guardes nada en tu armario que no te dé alegría.
- Lo que no necesitas tú, tampoco lo necesita nadie de tu familia.
- Despídete de cada pieza que tires con gratitud por su servicio dado.
- Ordena bien una vez y siempre permanecerá ordenado.
- Las maratones de orden tienen efecto rebote. Créate un hábito diario.
- Empieza por las cosas más fáciles.
- Aprende a doblar bien la ropa y ahorrarás espacio.
- No compres más cajas ni materiales de almacenaje pequeño. No lo necesitas.

ENGLISH DESCRIPTION

This #1 New York Times best-selling guide to decluttering your home from Japanese cleaning consultant Marie Kondo takes readers step-by-step through her revolutionary KonMari Method for simplifying, organizing, and storing. Despite constant efforts to declutter your home, do papers still accumulate like snowdrifts and clothes pile up like a tangled mess of noodles? Japanese cleaning consultant Marie Kondo takes tidying to a whole new level, promising that if you properly simplify and organize your home once, you'll never have to do it again. Most methods advocate a room-by-room or little-by-little approach, which doom you to pick away at your piles of stuff forever. The KonMari Method, with its revolutionary category-by-category system, leads to lasting results. In fact, none of Kondo's clients have lapsed (and she still has a three-month waiting list). With detailed guidance for determining which items in your house "spark joy" (and which don't), this international bestseller featuring Tokyo's newest lifestyle phenomenon will help you clear your clutter and enjoy the unique magic of a tidy home—and the calm, motivated mindset it can inspire.

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Lorraine Michael:

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