



# The Imperative of Health: Public Health and the Regulated Body

*Deborah Lupton*

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## **The Imperative of Health: Public Health and the Regulated Body** Deborah Lupton

In this reappraisal of public health and health promotion in contemporary societies, Deborah Lupton explores public health and health promotion using contemporary sociocultural and political theory, particularly that building on Foucault's writings on subjectivity, embodiment and power relations. The author examines the implications of the new social theories for the study of health promotion and health communication to analyze the symbolic nature of public health practices, and explores their underlying meanings and assumptions.

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