

Victory: The Spiritual Foundation For Success In Sports

Mark Edward Ward

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When you spend a lifetime immersed in sports... you learn many things. In this book, Author, Motivational Speaker and Championship Coach, Mark Ward provides you with invaluable insight into this world. He demonstrates the strong correlation between youth sports and success in all areas of life. Sports can put a young adult on a trajectory of success that will produce rewards for a lifetime. For the athlete, sports provides something much greater than just winning or losing. It often defines who we are at any given point of time, it becomes our identity—emotionally, mentally, physically and spiritually. Success in sports is not a destination as it might initially appear, it is a journey. That journey is to grow and discover the "Truth" about who we are and what makes us succeed or fail in every area of life. It shapes our outlook on life and ultimately drives our destiny. This book addresses 5 essential basics for both the player and the coach. This book candidly breaks down the roles of the coach, players and even the parents. The interaction of this core group is just as vital as the performance on the field. Successful stories, testimonials, philosophies and revelations are introduced to support the foundation of how God's plan works. How people interpret the things we learn from sports isn't sufficient when we realize what is at stake. Youth sports in America is the greatest single teaching tool available to prepare young people for life. That is a responsibility that cannot be taken lightly.

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