



Slow Cooker Recipes: 200 Healthy Vegetarian Slow Cooker Recipes (Volume 1)

Gina "The Veggie Goddess" Matthews

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Slow Cooker Recipes: 200 Healthy Vegetarian Slow Cooker Recipes - Whether you're cooking for yourself, your family or for a party or large gathering, slow cooker meal preparation is a great way to serve up healthy, delicious and easy to prepare dishes and meals. With nothing more than a little bit of food prep, such as chopping of ingredients or a quick sauté of onions, the remainder of your dish or meal's cooking time is all done by your kitchen appliance, the beloved and trustworthy slow cooker. And, with modern day life being as hectic as it is, juggling family, school, work and other activities, slow cooker meals allows you to prepare healthy meals for you and your family even when time is limited.

In this slow cooker cookbook you'll find meat-free, healthy and delicious vegetarian slow cooker recipes that you, your family and dining guest will love. Here's what you'll find inside this easy slow cooker recipe cookbook:

Introduction

Chapter 1: Slow Cooker Recipes - Breakfast

Chapter 2: Slow Cooker Recipes - Appetizers

Chapter 3: Slow Cooker Recipes - Soups

Chapter 4: Slow Cooker Recipes - Stews

Chapter 5: Slow Cooker Recipes - Chilis

Chapter 6: Slow Cooker Recipes - Sides

Chapter 7: Slow Cooker Recipes - Desserts

Chapter 8: Slow Cooker Recipes - Miscellaneous Mains

Bonus Chapter: Slow Cooker Cooking Tips

Be sure to check out the full library of Veggie Goddess cookbooks.

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Scot Vines:

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