



# Self and Motivation: Emerging Psychological Perspectives

*Abraham Tesser, Diederik A. Stapel, Joanne V. Wood*

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Featuring theory and empirical work, this text showcases research that asks a variety of intriguing questions: can goals be activated outside our awareness? How do interpersonal dynamics affect the self? How do we maintain a distinctive identity in a group context? Is too much choice or self-determination "bad"? How does self-esteem and morality influence the self? Here scholars discuss the importance of motivation, emotion, and physiological arousal in self-related processes; explore the role of awareness in goal-driven behaviour; and describe the interactive influence of social context on the self and the self on social context. A formal integrated model of self-regulation is also proposed.

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