

Tennis: Motivation: Competitive Strategy: 3 Books in 1: Master Your Tennis Game, Ignite Your Inner Drive & Get The Edge On The Competition (The Best ... Strategies and Motivation Secrets)

Ace McCloud



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Want to play tennis better? Would you like to wake up each day feeling excited and motivated? Ready to get the edge on the competition?

3 Books in 1: An unbeatable combination of the best ways to dominant on the tennis court, stay motivated and compete at a higher level.

Whether you want to (1) win more at tennis, (2) light a fire under yourself that will not go out, or (3) blow the competition off the court, **this book** will teach you **everything** you need to know.

Be a smashing success on the court!

Expand your playing strategies, hone your technique, and <u>sharpen your mental focus</u> so you can have more fun and win more often. Whatever your skill level, you'll find easy ways to enhance every aspect of your game.

What Will You Discover About Tennis?

- The secrets of the tennis grip and how it can dictate the type of shots you can make.
- The best <u>foods and supplements</u> to take for better game play.
- How to **dominate your opponents** with a powerful and reliable forehand shot.
- How to hit a fearsome backhand, just like the professionals.
- How <u>top-spin</u> can give you a competitive advantage.
- How to develop a **powerful serve**.
- How to stay physically fit and at the top of your game.
- Strategies that give you the edge in doubles play.
- Psychological strategies that will allow you to **dominate** your opponents.

Ignite your motivation!

Fire up your inner drive to go after your goals and dreams with reckless abandon. Develop key habits that will provide a steady stream of nourishment to your motivation.

What Will You Learn About Motivation?

- The driving forces behind your motivation.
- How to properly use goal-setting to boost your motivational levels.
- How to use powerful habits to increase your motivation.
- Motivational stories in the lives of inspiring people.
- Daily exercises to boost your motivation levels and inspire you to action.
- Great strategies for recharging and sustaining your motivation.
- How to use motivation to overcome fear, excuses and other difficulties.
- Motivational techniques used by the best in the world.
- Some of the <u>best motivational quotes</u> of all time.

Give yourself the competitive advantage!

Remove negative influences and replace them with **positive alternatives**. Equip yourself to stride into each challenge with confidence and the ability to compete at your highest level.

What Will You Discover About Competitive Strategies?

- How to be <u>calm and relaxed</u> in key situations.
- How to use the excitement of competition to help you perform better.
- Powerful mental strategies to keep your head in the game.
- The proper way to use goal-setting.
- How to model the tactics of the experts.
- The key strategies all winners have in common.
- How to compete effectively in all circumstances.
- How to train properly for competition.
- How to make a masterful plan of action for peak performance success.

Stop guessing at what works and start playing like a pro.

Get the edge: Buy It Now!

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Chris Henderson:

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Pearl Miller:

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Frank Tye:

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