



Key Concepts in Mental Health (SAGE Key Concepts series)

David Pilgrim

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This is the only text to give you a complete, concise overview of mental health and all the issues that surround it from a theoretical and practical point of view. Split into three sections, the book defines mental health and mental illness, examines the services and settings in which mental health care takes place and discusses the societal issues surrounding mental health.

Made up of 63 bite-sized chapters, the book offers:

- **Definitions** of the key concepts
- **Key points** that you need to know for your study and practice
- **Further reading** to help you expand your knowledge

It will be essential reading for students of health, nursing, mental health, social work and social care. It is also valuable reading for students of counselling and psychotherapy.

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