



Natural Born Shamans - A Spiritual Toolkit for Life: Using Shamanism Creatively with Young People of All Ages

Imelda Almqvist

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Natural Born Shamans - A Spiritual Toolkit for Life covers all aspects of performing spiritual or shamanic work with children and young people. It is aimed at anyone who has an interest in young people and their spiritual journey, and covers all age groups from “in utero” until age 18+. The book explains what shamanic parenting is and describes ways of doing spirit-led work, even with both unborn babies and spirit children (after miscarriage, abortion or early death). It also provides 30 “tried and tested” session plans for people looking for inspiration and “where to start”.

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