

Social and Psychological Issues in Sports (Sports and Athletics Preparation, Performance, and Psychology)



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This book presents and discusses social issues involved in sports and athletics, as well as an examination of varying topics in sport psychology. Topics discussed include an investigation of self-complexity in sport; the relationship between sport team identification and sport psychological well-being; the social interaction effect on inter-league play attendance; shame in sports; aggression and violence in youth sports and international students' sport spectator behaviour.

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